Which Textbook Do I Use: A Guide

- *The recommendations below are based on MBBS exam requirements; they are not for the NEET-PG.* ***NO*** *supplementary resources (including Marrow/DAMS/Prepladder/Cerebellum/Diginerve) are required in addition to the resources mentioned here.*
- *The first column (*Recommended Standard*) is the recommendation for a student who wants to pass somewhat comfortably, without putting in a lot of effort (around an hour daily, for at least half the academic year).*
  *The second column (*Do LESS*) is for students who hate a particular subject, or if you feel you're in danger of failing and don't have the time to study properly.*
  *The third column (*Do MORE*) is for students interested in a particular subject, or those who aspire to be 'intellectual' (nerds).*
- *Recommendations given in bold (like* ***Robbins****, for Pathology) are highly,* ***HIGHLY*** *recommended, and should be followed no matter what; they are excellent textbooks which everyone should do, no matter what.*
- *There are recommendations given in* ***bold*** *that are not in the Golden Column; these recommendations are either not actually textbooks (eg. Youtube videos) but are very very useful; OR they are textbooks that are slightly beyond the normal curriculum, but give much much better explanations and understanding than the normally used textbooks, and so are easier to use because there is less memorization.*

TL;DR: If the table looks like too much work to read, just follow the golden column.

Subject		**Textbooks**			**Other Resources**		**NOT Recommended/ DO NOT USE**
Primary	Sub-Subjects	**Recommended Standard**	I Hate This Subject / Want to Do **LESS**	I'm Interested/ Want to Do **MORE**	**Recommended**	Additional	
Anat.	Gross	Gray's (Students); or Moore's; or BDC.	IB Singh; Vishram Singh.	Annotate from Gray's (Big)	Dr. Mittesh Dave (YouTube)	TCML; Atlas (Netter's or Thieme's).	
	Histology	DiFiore's; or Junquiera's (only selected portions of them).	IB Singh.	Do more of DiFiore's or Junquiera's.			
	Embryo.	Langman's; or Larsen's.	IB Singh; Vishram Singh.	Do more of Langman's.		Dr. Rose (YT); Ninja Nerds (YT).	
	Neuroanat.	Snell's; or IB Singh.					
Biochem.		Lippincott's (SAE) + ann. from Harper, Satyanarayan.	Satyanarayan.	Harper; Lehninger.		Dr. Rajesh Jambhulkar (YT).	Vasudevan.

Physio.		Guyton & Hall (Int.l); or Ganong's.	Indu Khurana; Costanzo.	Boron & Boulpaep.		Ninja Nerds (YT); Dr. Najeeb (YT); Practical book (Ghai).	Sembulingam; AK Jain.

Patho.		**Robbins & Cotran (SAE) + ann. from HM;** or Rubin's.	Harsh Mohan; Robbins Basic Pathology.	More Robbins; annotate from UpToDate; Ackerman's.	**Pathoma (for basic concepts).**	Goljan; Practical Book (Harsh Mohan).	Ram Das Naiyak.
Pharma.		Lippincott (SAE) + ann. from KDT/ Katzung; or Sharma & Sharma.	Annotate less from KDT/ Katzung.	Katzung; KDT; Stahls' (for Psychiatric Pharma)	Kaplan (for basic concepts).	GRG; UpToDate; MedScape.	Shenoy & Shanbagh.
Micro.	Micro.	**Sastry**; or Ananthanarayan & Paniker.		Jawetz.	**Sketchy (for basic memorization).**		
	Immuno.	Sastry + Levinson's.	Only Sastry.	Janeway; Abbas; Kuby's.			

FMT		Biswas; or Reddy Synopsis; or Aggarwal.		Reddy (for FM); Casarett & Doull's Essentials (For Toxi.).			
PSM		Rajvir Bhalwar; or IAPSM's Textbook; or Parks + with ann. from IAPSM.		**Gordis Epidemiology;** Whitlock & Schluter (for biostats).			Vivek Jain.
Ophtha.		**Parson's + ann. from Kanski/ EyeWiki/ UpToDate.**		Kanski.	**EyeWiki** (website); UpToDate.		AK Khurana; Jogi.
ENT		Dhingra.		Cunningham's; ann. from UpToDate.		UpToDate.	

Medicine	Int. Med. Theory	Davidson's; or Kumar & Clark's; all with ann. from UpToDate.	Only Davidon's/ K&C; Step Up To Medicine.	More annotations from UpToDate/ Harrison's; **Thaler's** (for ECG); Lilly's Pathophysiology of the Heart.	**UpToDate**.	Medscape; National Guidelines on Snake Bite Management.	Archith Boloor.

	Clinical	**Hutchinson's; or MacLeod's; or Talley & O'Connor; or Alagappan.**	Boloor (NOT recommended); Bates.	Go To Your Clinics.		Steve McGee's Evidence Based Physical Exam; Jamas' Rational Physical Exam; OnRounds: 1000 IM Pearls.	Archith Boloor
	Derma.	**Lookingbill & Mark**; or Neena Khanna.		Fitzpatrick Synopsis.	UpToDate**.**		
	Psych.	Niraj Ahuja; or Black & Andreasen; or Clark & Smith; or Sims & Trethowan.	First Aid for the Psych. Clerkship	**Shorter Oxford Textbook**; Kaplan & Sadock Synopsis.	Evolutionary Synthesis (Martin Brune; or articles by Randolph Nesse).	ICD-11; UpToDate.	

Surgery	Gen. Surgery Theory	**Bailey & Love + with ann. from UpToDate/ SRB;** or SRB.		More annotations from UpToDate/ SRB/ Schwartz/ Sabiston.	**UpToDate.**		Manipal.
	Clinical	**S. Das;** or Makhanlal Saha.		Go To Your Clinics.			
	Ortho.	Maheshwari.		Apley & Solomon; Zuckerman's (for fractures).			
	Radio.			**Herring's Radiology: Recognizing the Basics**			
	Anaesth.	AHA's Guidelines on BLS & ACLS		Miller's Basics.			

Obs. & Gynae.	Obs.	Dutta's.		William's.	**UpToDate.**		OneTouch
	Gynae.	**Shaw's + ann. from Dutta's/UpToDate**; or Dutta's.		William's.	**UpToDate.**		OneTouch
Paeds.	Theory.	Ghai.		Nelson's .	UpToDate.		
	Clinical.	Piyush Gupta.		Go To Your Clinics.			

The BEST, Most Advanced Textbook (NOT recommended unless EXTREMELY interested/doing research):

1. Anatomy: Gray's
   1.1. Atlas: Netter's
   1.2. Embryology: Langman's or Larsen's
   1.3. Histology: Wheater's
2. Physiology: Boron & Boulpaep
3. Biochemistry: Harper or Lehninger
   3.1. Genetics: Thompson & Thompson
4. Pharmacology: Goodman-Gilman
5. Pathology: Rosai & Ackerman's
6. Immunology: Abbas or Janeway's
7. Microbiology: Jawetz or Levinson's
8. Toxicology: Goldfrank's, or Casarett & Doull's
9. Epidemiology: Rothman
10. Ophthamology: Wills Eye Manual, or Yanoff
11. ENT: Cumming's, or Bailey & Love
12. Anaesthesia: Miller's or Barash
13. Medicine: Harrison's or Oxford
    13.1. Cardiology: Braunwald's
    13.2. Endocrinology: William's
    13.3. Gastroenterology: Sleisenger & Fordtran, or Yamada's
    13.4. Infectious Diseases: Mandell, Douglas & Bennet's
    13.5. Nephrology: Brenner & Rector's
    13.6. Neurology: Adam & Victor's, or Bradley's
    13.7. Pulmonology: Murray & Nadel's
    13.8. Rheumatology: Firestein & Kelley's
    13.9. Haematology: Wintrobe's or William's
    13.10. Oncology: DeVita, Hellman & Rosenberg's, or Abeloff's
14. Dermatology: Bolognia or Rook's
15. Psychiatry: Kaplan & Sadock's, or Oxford
16. Surgery: Sabiston, or Schwartz's, or Cameron's
    16.1. Neurosurgery: Youmans and Winn
    16.2. Plastic Surgery: Grabb & Smith's, or Neligan
    16.3. Thoracic Surgery: Sabiston & Spencer's; or Shield's
    16.4. Vascular Surgery: Rutherford's
    16.5. Urology: Campbell-Walsh-Wein
17. Orthopaedics: Campbell's
18. Radiology: Brant & Helm's
19. Obstetrics & Gynaecology: William's
20. Paediatrics: Nelson's
    20.1. Neonatology: Gomella's
    20.2. Paediatrics Surgery: Ashcraft's